

Maria Cauilan Aguila, PT, Doctor of Physical Therapy

Academe Experience

- Capstone Coordinator, University of Montana/Rehab Essentials Philippines Based Transitional DPT Program, January 2020-present.
- Adjunct Instructor in Therapeutic Exercises Course for the Doctorate Program in Physical Therapy at Rutgers Biomedical and Health Sciences in Newark, New Jersey. (2015 to present)
- Adjunct Instructor in Musculoskeletal Course for the Doctorate Program in Physical Therapy at Rutgers Biomedical and Health Sciences in Newark, New Jersey. (2010)
- Visiting Faculty (Non-Salaried), Far Eastern University-Nicanor Reyes Medical Foundation , School of Physical Therapy (2017 to present)

Physical Therapy Clinical Experience

Practice Owner and Doctor of Physical Therapy: Life in Motion Physical Therapy and Wellness, 391 Danforth Avenue, Jersey City, NJ 07305 (February 2010-present)

- Examination to treatment of movement dysfunction for therapeutic, maintenance and wellness physical therapy care.
- Administrative, compliance and marketing oversight of privately owned PT practice.
- Jersey City Mayor Steven Fulop and Council President Rolando Lavarro officiated ribbon cutting ceremony on May 14, 2015.

Lead and Supervising Physical Therapist: Fair Lawn Physical Therapy and Sports Medicine, LLC (April 2005 to Nov 2009)

- Examination to treatment of movement dysfunction for therapeutic, maintenance and wellness physical therapy care in an outpatient orthopedic setting.
- Sustained growth of PT practice: Planned physical set-up of new office, trained staff therapists and front office personnel.
- Oversight of clinical and administrative operations for optimal clinical efficiency, scope of practice and regulation compliance and cost effectiveness of PT practice.

Staff Physical Therapist: Jersey Rehab, PA at Columbus Hospital (Feb 2004 to April 2005)

- Examination to treatment of movement dysfunction for therapeutic care in both outpatient and inpatient departments
- Piloted rendering of PT services in the hospital's intensive care unit (ICU); coordinated PT and nursing personnel to optimize patient care

Physical Therapy Aide: Jersey Rehabilitation Center, North Bergen, NJ (July 2004 to December 2004), Park Avenue Physical Therapy and Chiropractic Offices (April 2003-June 2004)

- Assisted physical therapist in non-clinical and routine maintenance of physical therapy practice.
- Rendered administrative duties for the physical therapy department.

Elected/ Volunteer Positions

- **Director at Large**, American Physical Therapy Association of New Jersey (APTANJ). Liaison to the NJ PT and PTA Schools and Students; Liaison to the Cultural Diversity Committee (2017 to present)
- **President and Board of Trustee**, FUTURE Foundation (September 2020 to present)
- **Secretary and Board of Trustee** , FUTURE Foundation (2016 to August 2020)

Population Health Experience

- **Operator and Advisor**, PThEath Study, June 2020-present

Other Professional Experience and Awards

- **Pharmaceutical Product Manager Intern** , GlaxoSmithKline Philippines (Oct 2001 to Oct2002)
- **Pharmaceutical Sales Representative** , GlaxoSmithKline Philippines (Dec 1999 to Sept 2001)
- **GSK Star Awardee** for Sales 2001

Education

- Graduated: Doctorate in Physical Therapy March 2010; Rutgers Biomedical and Health Sciences formerly UMDNJ-SHRP, Newark, NJ
- Graduated: Bachelor of Science in Physical Therapy March 1999 ;Far Eastern University-NRMF Manila, Philippines Dean's Lister
- Credits for Masters in Occupational Health and Safety; University of the Philippines, Manila
- Graduated: High School 1994 and Grade School 1990; St. Mary's College, Quezon City

Professional Speaking Engagements

- American Physical Therapy Association of NJ, Cultural Diversity Committee Multicultural Event Presentation, November 2020
- Delta Epsilon Mu- Alpha Phi, Nation's Premier Professional Co-Ed Fraternity, Speaker for Building Community Based Healthcare Practice, October 2020
- North Carolina PT Association, Building a Socially Responsible Profession, October 2020
- Pennsylvania PT Association, Building a Socially Responsible Profession, September 2020
- Florida PT Association, SE District, Building a Socially Responsible Profession, July 2020
- Filipino Physio Webinar, Evidence Based Practice in the Philippine Context, July 2020
- APTANJ Webinar, Building a Socially Responsible Profession, July 2020
- The Filipino Physio, Advocating for the Philippine PT Profession, June 2020
- Geriatric Rehab Summit, Prescribing Population Empowerment: the PT Health Study, June 2020
- Joe Black Lecture Awards Speaker, Implications for Physical Therapy by Showing Respect to the Elderly: A Cultural Perspective, University of Montana Transitional DPT Program, May 2020
- National APTA Educational Session Speaker, Combined Sections Meeting of the APTA, Physical Therapy as a Culturally Inclusive and Diverse Profession: Building the Foundation, February 2020, Denver, CO
- Resource Speaker, Rutgers South Students Advocacy Talk
- Resource Speaker, Student Advocacy for NJ Northern Schools, May 2019
- Resource Speaker, Cultural Perspectives in Physical Therapy, APTANJ Student Conclave, January 2019
- Resource Speaker, Asian Confederation of Physical Therapy, Cultural Perspective in Elderly Care in Physical Therapy, Cebu, Philippines (2018)
- Resource Speaker, Asian Confederation of Physical Therapy, Yoga as an Active Intervention in Physical Therapy, Cebu, Philippines (2018)
- Resource Speaker, MCNP School of PT on Professionalism in Physical Therapy (2018)
- Resource Speaker, FEUNRMF School of PT on Professionalism in Physical Therapy (2018)
- Resource Speaker, Veterans Hospital on Professionalism in Physical Therapy (2018)
- Resource Speaker at the 2017 Philippine Physical Therapy Convention on Physical Therapy as a Doctoring Profession
- Resource Speaker at the 2016 Philippine Physical Therapy Association (PPTA) National Convention for Emerging Practices in Physical Therapy for Breast Cancer Rehabilitation (December 2016)
- Panelist at the Philippine Physical Therapy Association (PPTA) National Convention in Changes in Educational Requirements for Employment in the U.S. (Dec 2016)
- Lymphedema Workshop and Seminar, PPTA National Convention (December 2016)

- Lower Extremity Manipulation Protocol, FEU-NRMF Continuing Education Credits provided by PRC (July 2016)
- Upper Extremity Manipulation Protocol, FEU-NRMF Continuing Education Credits provided by PRC (February 2016)
- Lower Extremity Manipulation Protocol, Veterans Hospital, Department of Rehabilitation (June 2015)
- Physical Therapy in the Classroom Setting, St. Mary's College, QC, College Graduating Class in Education (June 2015)
- Motor Control and Learning, FEU-NRMF School of Physical Therapy, Fairview, Philippines (2013)
- Updates on the Treatment of Shoulder Dysfunction, FEU-NRMF School of Physical Therapy, Fairview, Philippines (2007)

Professional Development

- Certified by Applied Prevention and Health Promotion Therapies in Health and Wellness Promotions (2020)
- CISRS Operator and Advisor Training for the PTHHealth Study (2020)
- Mechanisms of Knee Injury (2018)
- Role of PT in Health and Wellness (2018)
- CSM PT Conference 2018
- Integration of a Health-Focused Model into Physical Therapy Practice Systems (2018)
- Movement System of the Upper Extremity (2017)
- Born in the USA: the Opioid Crisis and What We Can Do About It (2017)
- Physical Therapy as a Viable Option for Pain Management (2017)
- Physical Therapy Ethics and Jurisprudence (2017)
- Comprehensive Lymphedema Management Seminar (2016)
- Imaging for the Physical Therapist: Preparing for the Future (2016)
- Evidence Based Examination of the Thoracic Spine (2015)
- Yoga: A New Therapeutic Exercise? (2015)
- Physical Therapy Implications in Adult and Pediatric Orthopedic Oncology (2015)
- Physical Therapy Ethics and Jurisprudence (2014)
- Comprehensive Evaluation and Management of Sub-Occipital, Craniofacial & Temporomandibular Pain/Dysfunction Syndrome for Advanced Orthopedic Clinicians (2013)

- Introduction to Working with the Ultra Endurance Athlete on Race Day (2012)
- Norwegian Approach for SI Joint Dysfunction
- Medical Screening for Physical Therapists
- Maitland Therapy Australian Peripheral Joint MT-1
- Maitland Therapy Australian Spine MT –2

Professional Licensure

- New Jersey Physical Therapist
- PTRP, Philippine Professional Regulatory Commission

Extracurricular Activities

- FEU NRMF Physical Therapy Student Council, President SY 1997-1998; 1997-1996
- Actor, Sa Aming Nayon, Directed by Anton Juan, Cultural Center of Manila (October 1996)

Professional Volunteer Activities

- Medical Team Leader, Aquadraat NYC IRON MAN
- PT Resource Participant, Parents as Partners Conference, Jersey City Board of Education, Jersey City, NJ (2012, 2013,2014)

Other Speaking Engagements

- Inspirational Talk, St. Mary's College Grade School Batch 90 Outreach, GSIS Elementary School, Quezon City (July, 2015)
- Inspirational Talk, St. Mary's College Grade School Batch 90, Silver Jubilee Celebration (July 2015)

- Journey to Service, Couples for Christ Thanksgiving Celebration (November 2014)

Other Volunteer Activities

- Organizing Member, Filipino Community of St. Philomena Parish, Livingston, NJ (2016-present)
- Facilitator for Children's Liturgy of the Word, St. Philomena Parish, Livingston, NJ (April 2015-present)
- Mentor and Facilitator, Gathering to Rejoice, Our Lady of Mercy Parish, Jersey City, NJ (April 2013-2016)
- Facilitator for Children's Liturgy of the Word, Our Lady of Mercy Parish, Jersey City NJ (2005-2013)
- Member, Singles for Christ, Katipunan, Quezon City Chapter (2001-2002)
- Committee Member, St. Mary's College QC Silver Jubilee Celebration (2015, 2018)

Membership/Affiliations

- Member, American Physical Therapy Association (APTA) 2010-present
- Member, American Philippine Therapy Association (PPTA) 2016-present