

CURRICULUM VITAE

KRISTIN WINSTON, PhD, OTR/L, FAOTA

EDUCATION

Doctor of Philosophy - Nova Southeastern University – 2008

Occupational Therapy

Master of Education - University of Vermont, Burlington VT - 1990

Specialization in Early Childhood Special Education

Bachelor of Science - University of New Hampshire, Durham NH - 1985

Occupational Therapy

PROFESSIONAL WORK EXPERIENCE

Program Director and Associate Professor

2016-present

University of New England

- Curriculum Design and Course Development
- Student Recruitment, Admissions, Advising
- Budgeting and Program Management
- Program Outcomes and Evaluation

PhD Program Director

2013-2016

Nova Southeastern University

- Curriculum Design and Course Development
- Student Recruitment, Admissions, Advising
- Budgeting and Program Management
- Program Outcomes and Evaluation

Associate Professor

2015- 2016

Nova Southeastern University

- Teaching masters and doctoral level coursework
- Scholarship
- Advising students
- University and community services

Assistant Professor

2011-2015

Nova Southeastern University

- Teaching masters and doctoral level coursework
- Scholarship
- Advising students
- University and community services

Adjunct Faculty

2010-present

Nova Southeastern University

- Teaching blended coursework for doctoral level students

Assistant Professor

2008-2011

University of Southern Maine

- Teaching masters level coursework
- Scholarship
- Advising students
- University and community service

Fieldwork Coordinator/Instructor

University of Southern Maine, Lewiston, Maine

2003-2008

- Fieldwork coordination for level I and level II experiences
- Teaching masters level coursework

Occupational Therapist

Child Development Services of York County, Arundel Maine

2003-2011

- Providing evaluation, intervention, and consultation for children ages birth to 5 years and their families
- Staff and community training and consultation

Occupational Therapist

1999 to 2003

Child Development Services of York County, Arundel Maine

- Providing evaluation and patient treatment children ages birth to 5 years and their families
- Member of coordination team, responsibilities include: staff training and administrative duties

Part time Faculty, Master of Occupational Therapy program

University of Southern Maine – Lewiston Auburn, Lewiston, Maine

2002 to 2003

Adjunct Faculty, Master of Occupational Therapy program

University of Southern Maine – Lewiston Auburn, Lewiston, Maine

1999 to 2002

Adjunct Faculty, Occupational Therapy Department

University of New England, Biddeford, Maine

1998 to 2002

Occupational Therapy Supervisor/ Staff Therapist

Rehab Ambassadors, Portland, Maine

1996 to 1999

- Provided clinical support and supervision
- Assisted with staffing and administrative duties
- Provided evaluation and direct care for Rehab, SNF, and long-term care patients

Clinical Supervisor

1995 to 1996

Staff Occupational Therapist

1993 to 1995

Nova Care, Orlando, Florida

- Supervised OTRs and COTAs; performed administrative, budgeting and staffing duties
- Provided evaluations and direct care for Rehab, SNF, and long-term care patients

Occupational Therapist

1990 to 1993

Hug Center of Orlando, Orlando FL

- Provided evaluations and therapy to children ages birth to 12 years and their families
- Supervised staff; developed programs to address therapeutic as well as developmental needs of children birth to 3 years

Occupational Therapist

1988 to 1990

Associates in Physical and Occupational Therapy, Inc., Burlington VT

- Provided therapy to children ages birth to 21 years and their families
- Worked closely with educators to provide programming for children in home, clinical, and school settings

Occupational Therapist

1986 to 1988

South Western Vermont Medical Center, Bennington, Vermont

- Provided in/out patient care to the adult and pediatric population
- Assigned to hospital, school and home health responsibilities

TEACHING EXPERIENCE

University of New England

- OTR 611 Biopsychosocial Dimensions of Children and Youth, Spring 2022
- OTR 699 Occupational Science in Morocco, Fall 2021
- OTR 606: Communities and Context, Summer 2020, Summer 2021
- OTR 655: Occupational Science in Morocco, Spring 2020
- OTR 608: Special Topics in Pediatrics, Spring 2019
- OTR 503: Biopsychosocial Dimensions of Older Adults, Fall 2018
- OTR 603: Exploring Occupation Spring 2017, Spring 2018
- OTR 650: Leadership and Advocacy in Health Delivery Systems: Spring 2017, Spring 2018
- OTR 502: Occupational Analysis: Fall 2017, Summer 2018, Summer of 2019, Summer 2020, Summer 2021, Summer 2022

Nova Southeastern University

- PHT 7010 Professional Issues in Physical Therapy/Health Care Fall 2013 to 2016
- OCT 8970 Dissertation 2012 to present
- OCT 8950 Research Residency 2012 to 2016
- OCT 8945 Studies for the Qualifying Exam 2012 to 2016
- OCT 5013-Occupational Analysis, Fall 2011 to 2016
- OCT 6107-OT Practice II, Fall 2011 to 2016
- OCT 6350 Professionalism and Leadership, Winter 2012 to 2016
- OCT 7860 Leadership Development in Multiple Contexts, Winter 2010 to 2016

University of Southern Maine

- OTH 501-Occupational Therapy Foundations, Fall 2006 to 2011
- OTH 504-Applied Research I, 2009 to 2011
- OTH 510-Level I Fieldwork Physical Dysfunction, Fall 2002 to 2011
- OTH 511-Level I Fieldwork Developmental Disabilities, Spring 2002 to 2011
- OTH 512-Applied Research II, 2008 to 2011
- OTH 603-Occupational Performance through Adulthood, Fall 2002 to 2011
- OTH 604-Occupational Performance, Infancy through Adolescence, Spring 2000 to 2011
- OTH 616-Professional Presentations, Spring 2009 to 2011
- OTH 604-Occupational Performance, Infancy through Adolescence, Lab, Spring 1999

PROFESSIONAL PRESENTATIONS

Poster Presentations:

- **Winston, K.**, Bickmore, T., Noyes, S., & Larouche, J. (Poster Presentation). World Federation of Occupational Therapy. Paris, France (August, 2022)
- Petruccelli, G., Peirce, C, **Winston, K.**, & Christiansen, C. (2022). Disrupted Occupational Performance & Identity in College Athletes After Concussion. AOTA National Conference, San Antonio, TX.
- **Winston, K.**, Burdo, A., Ghita, M., & Ross, A. (Poster Presentation). American Occupational Therapy Annual Conference, Addressing Loneliness in Older Adults Through Occupational Engagement. Boston, MA (2020). Conference cancelled due to COVID 19.
- **Winston, K.**, Mack, S., McConnell, S., & Towne, K (Poster Presentation) (2020). American Occupational Therapy Annual Conference, OT's Role in Supporting Elder Orphans Through Occupational Engagement. Boston MA, (2020). Conference cancelled due to COVID 19.
- **Winston, K.** & Bickmore, T. (Poster Presentation). American Occupational Therapy Annual Conference, Intraprofessional Practice: Successfully Navigating Multiple Points of Entry Into the Profession. Boston, MA (2020). Conference cancelled due to COVID 19.

- Pearson, M., Perry, B., & **Winston, K.** (Poster Presentation). American Occupational Therapy Annual Conference, Your Aim is in Our Scope of Practice: Promoting Hunter Safety in Older Adults. Boston, MA (2020). Conference cancelled due to COVID 19.
- Hallberg, L. & **Winston, K.** (Poster Presentation). American Occupational Therapy Annual Conference, The Role of OT in Addressing Childhood Obesity: Connections to Occupational Justice. Boston, MA (2020). Conference cancelled due to COVID 19.
- **Winston, K.** (Poster Presentation, Faculty Advisor). “Pyschosis: Reframing Occupational Therapy Practitioners’ Approach to Support Development of Therapeutic Relations and Occupational Participation”, 2nd Annual Conference of Occupational Therapy Association of Morocco, Tangier, Morocco, (January, 2020).
- **Winston, K.** (Poster Presentation). “The Intersection of Art and Science: Evidence for Including Art in an OT Curriculum”, Maine Occupational Therapy Spring Conference, Lewiston ME, (April, 2019).
- Marvulo, E., Graikoski, A., & **Winston, K.** (Poster Presentation). American Occupational Therapy Annual Conference, “The Intersection of Art and Science: Evidence for Including Art in an OT Curriculum”, New Orleans, LA, (April, 2019).
- **Winston, K.**, Dorne, R., Kay, S., Peirce, C., & Quint, N. (Poster Presentation) American Occupational Therapy Annual Conference “An Alternative Admissions Process: The Video Essay and Beyond”, Salt Lake City, UT, (April 2018).
- Truskowski, S. & **Winston, K.** (Poster Presentation) American Occupational Therapy Annual Conference “Use of a Novel Mixed Methods Approach to Study Leadership Within Occupational Therapy”, Salt Lake City, UT, (April 2018).
- **Winston, K.** & Petruccelli, G. (Poster Presentation) American Occupational Therapy Annual Conference “AOTA Conference Re-Boot: Connecting National and State Organizations Through Continuing Education” Salt Lake City, UT, (April 2018).
- **Winston, K.**, Fortenberry, K., Kane, J., Ruja, B., & Schlesinger, M. (Poster Presentation), American Occupational Therapy Annual Conference “Game Night: Exploring Occupational Balance and Stress Among College Students”, Philadelphia PA, (April, 2017).
- **Winston, K.** & Arguelles, A., (Poster Presentation). American Occupational Therapy Association National Conference: “Crafting Interventions in Pediatric Practice”. AOTA, Nashville TN., (April 2015).
- **Winston, K.** & Dunbar, S. (Poster Presentation). American Occupational Therapy Association National Conference: “Leadership Reflections: A Content Analysis”. AOTA, Nashville TN., (April 2015).
- Mahilo, J. & **Winston, K.** (Poster presentation). American Occupational Therapy Association National Conference: “Servant leadership: An essential component of fieldwork education”. AOTA, Baltimore, MD (April, 2014).
- **Winston, K.**, Hoag, N., Brooks, K., Buckingham, S., Carsone, B., Serdennes, M., & Ramdass, V. (Poster Presentation). American Occupational Therapy Association National Conference “Life satisfaction and coping of fathers of children with disabilities”. AOTA, Baltimore, MD, (April, 2014).
- **Winston, K.** & Bickmore, T. (Poster Presentation). AOTA Educational Summit: “Exploring Community Contexts to Facilitate Student Learning”. AOTA, Atlanta, GA, (October, 2013).
- Cleveland, K. & **Winston, K.** (Poster Presentation). American Occupational Therapy Association National Conference: “Bridging Theory and Practice through Leadership” AOTA, (San Diego, CA, 2013).
- Townshend, C., Jordan, A., & **Winston, K.** (Poster Presentation). American Occupational Therapy Association National Conference: “You can be an advocate and change agent for the profession and your clients!” AOTA National Conference, (San Diego, CA, 2013).
- Nichols, A. & **Winston, K.** (Poster Presentation). American Occupational Therapy Association National Conference: “The Alert Program”. AOTA National Conference, (San Diego, CA, 2013).
- **Winston, K.** (Poster Presentation). “Mealtime occupations: An exploration of mealtime occupations for preschoolers in a Head Start setting”. Canadian Society of Occupational Science and Society for the Study of Occupation USA joint conference, (London ON, October 2010).

- Clark, L.L., & **Winston, K.** (Poster Presentation). “Tell me your story: Exploring narrative in occupational therapy practice”, Canadian Occupational Therapy Association Annual National Conference, (Halifax, NS May 2010).
- **Winston, K.** (Poster Presentation). American Occupational Therapy Association National Conference: “Mothers’ Perceptions of Occupations Related to Mothering a Child with Feeding Difficulties”, AOTA National Conference, (Houston, TX, 2009).
- **Winston, K.** (Poster Presentation), “Mothering a Child with Feeding Concerns”, Society for the Study of Occupation, (Albuquerque, NM, 2007).
- **Winston, K.** (Poster presentation). American Occupational Therapy Association National Conference: “The Pivotal Role of Context”. AOTA National Conference, (Charlotte, NC, 2006).

Workshops/Short Courses:

- **Winston, K. (Invited presentation)** Creating positive mealtime routines for children and youth with NDD, LEND Conference 2021 Healthy Lifestyles for Children and Youth with Developmental Disabilities: Food, Family, & Fitness, Virtual Conference, Spring 2021.
- McCormack Tutt, S., **Winston, K.**, & Loukas, K. (2019). Moroccan Immersion: A Crossroad of Interprofessional Collaboration and Global Health. Collaborating Across Borders Conference (Indianapolis, IN, October 2019).
- Wilkinson, K., **Winston, K.**, & Curney, E., (Short Course Presentation) American Occupational Therapy Annual Conference. “Primary Care and Pediatric Feeding: Responding to Parents' Calls for Interprofessional Care”, (Philadelphia PA, April, 2017).
- Bloch, E., Dunbar, S., & **Winston, K.** (Presentation). Family centered care: Lessons learned and directions moving forward. Florida Occupational Therapy Association Annual Conference, (Orlando FL. November, 2016).
- **Winston, K.** & Mahilo, J. (Presentation) Viewing Fieldwork Education through the Lens of Servant Leadership. Florida Occupational Therapy Association Annual Conference, (Orlando FL. November, 2015).
- **Winston, K.** (Invited Presentation School System SIS Buzz Session) Occupational Therapy and Response to Intervention: What’s happening now in Florida? Florida Occupational Therapy Association Annual Conference, (Orlando, FL. November, 2015).
- Bell, I, Coulter, S, Patterson, N, **Winston, K.**, Johnson, G, (Invited Presentation, Panel Presentation, International). Child Vision Professional Training Day: "Supporting Children and Young People with a Visual Impairment and Autism: A Multidisciplinary Approach Professional Training Day," Child Vision: National Education Center for Blind Children, (Dublin Ireland, May, 2015).
- **Winston, K.** & Quint, N. (Invited Presentation, School System SIS Round Table Discussion). “School System Practice and OT: What’s working, what’s not working, and where are we heading?” Florida Occupational Therapy Association, (Daytona Beach, FL, November, 2013).
- **Winston, K.** (Invited Presentation, School System SIS Roundtable). “Strengths Based Assessment”. Florida Occupational Therapy Annual Conference, (Tampa, FL 2012).
- **Winston, K.** & Bickmore, T. (Short Course). American Occupational Therapy Association National Conference: “Looking back as we move forward: Using the Slagle Lecture Series to Connect Student Learning to the Foundations of Occupational Therapy Practice”, AOTA National Conference, (Indianapolis, IN, 2012).
- **Winston, K.**, & Clark, L.L. (Workshop). American Occupational Therapy Association National Conference: “Tell me your story: Using narrative to enhance your clinical practice”, AOTA National Conference, (Orlando, FL, April 2010).
- **Winston, K.** & Clark, L. (Invited presentation). “Exploring and Creating Fieldwork Partnerships”, Are you plugged in: Get connected, USM/MOT Symposium, (Lewiston, ME, April 2010).
- Clark, L. & **Winston, K.** (Invited presentation). “The Occupational Therapy Practice Framework: What is new and what the framework can do for you and your client”, Are you plugged in: Get connected, USM/MOT Symposium, (Lewiston, ME, April 2010).
- **Winston, K.** (Invited presentation) “Feeding and Eating Concerns in Young Children”, presented to Pediatric Grand Rounds at Maine Medical Center, (Portland, ME, September 2009).

- **Winston, K.** (Invited presentation) “Feeding and Eating: Assessment and Intervention”, CDSYC, (Arundel, Maine, 2009).
- Clark, L.L., **Winston, K.** and Second year MOT students (Workshop). “Motor Control: How the Classics and New Techniques Can Influence Our Practice”, MeOTA Annual Spring Conference, (Bangor ME, 2009).
- **Winston, K.** (Workshop). “Food for Thought and Thoughts on Food”, 1st Annual Southern Maine Autism Conference, (Portland, ME., 2009).
- **Winston, K.** (Presentation). “Oral Motor Skills”, Child Development Services, (Arundel, Maine, 2008).
- **Winston, K.**, Kloda, J., & Collin, M. (Workshop). American Occupational Therapy Association National Conference: “Torticollis and Plagiocephaly”. AOTA National Conference, (Long Beach, CA, 2008).
- Dunbar, S., Dorne, R., Inda, K., & **Winston, K.** (Short Course). American Occupational Therapy Association National Conference: “Best Practice Considerations for Distance and Online Education in Occupational Therapy”. AOTA National Conference, (St. Louis, MO, 2007).
- **Winston, K.**, Loukas, K., & Arnold, M. (Presentation). “The New Paradigm of Early Intervention”, Maine Occupational Therapy Association, Fall Conference, (Portland ME, 2006).
- **Winston, K.** (Workshop). “Facilitating Movement”, Maine Occupational Therapy Association, Spring Conference, (Fairfield Maine, 2006).
- **Winston, K.** (Workshop). “Oral motor skills”. Exeter Health Resources, (Exeter, NH, February 2005).
- **Winston, K.** (Presentation). “Oral Motor Skills for Feeding”, Child Development Services of York County, (Arundel, ME., 2005).
- **Winston, K.** (Workshop). “Oral Motor Follow-up”. Maine Occupational Therapy Association Fall Conference, (Portland, Maine, 2003).
- **Winston, K.** (Workshop). “Revisiting Oral Motor Skills”, Maine Occupational Therapy Association, Fall Conference, (Lewiston, Maine, 2002).
- **Winston, K.** (Workshop). “Introduction to the Facilitation of Trunk and Pelvis for Functional Treatment”, (Skowhegan and Belfast, Maine, October 1998).
- **Winston, K.** (Workshop). “Integrating the Upper Extremity into Functional Activities”, Maine Occupational Therapy Association, Fall Conference, (Lewiston, Maine, 1997).
- **Winston, K.** (Workshop). “Facilitation of Trunk and Pelvis: an Introduction”, (Portland, Maine, 1996).
- **Winston, K.** (Workshop). “Incorporating the Trunk and Pelvis into Functional Treatment: an NDT Approach”, (Port St. Lucie, Florida, 1995 and Orlando Florida 1996).

Papers:

- **Winston, K.** & Beals, C (Paper Presentation) World Federation of Occupational Therapy, Paris, France, August 2022.
- **Winston, K.**, Bender, M., Enomoto, D., & Titcomb, S. (Paper Presentation) Exploring experiences of mealtimes and food: A photo elicitation study with occupational therapy graduate students. Eleventh International Conference on Food Studies (Copenhagen Denmark, Hybrid online presentation, October, 2021).
- **Winston, K.** & Rabaey, P. (Invited Presentation) Early Intervention and Family Centered Care, Early Mealtime Experiences. 2nd Annual Conference of Occupational Therapy Association of Morocco, (Tangier, Morocco, January, 2020).
- **Winston, K.** & McCormack Tutt, S. (Invited Presentation) The Interprofessional Education in Health Care with a Focus on Strategies for Facilitating Communication Across Professions. Tangier, Morocco, First Conference of The Occupational Therapy Association of Morocco, (January 2019).
- **Winston, K.** & Dunbar, S. (Paper Presentation). Health Professions Educational Research Symposium (HPERS): “Leadership reflections: A content analysis”. Nova Southeastern University, (Fort Lauderdale, FL, January 2015).
- **Winston, K.** (Paper Presentation). Mealtime Occupations in A Head Start Classroom, Society for the Study of Occupation, (Portland OR, 2012).

- **Winston, K.** & Scott, A. (Paper Presentation). American Occupational Therapy Association National Conference: “Mealtime Occupations: Developing a Better Understanding of Mealtime for Preschoolers”, AOTA National Conference, (Philadelphia, PA, 2011).
- **Winston, K.** (Paper Presentation). “Mothering a child with feeding difficulties: A phenomenological approach”, Canadian Occupational Therapy Association Annual National Conference, (Halifax, NS May 2010).
- **Winston, K.** (Paper Presentation). American Occupational Therapy Association National Conference: “Mother’s experiences: mothering a child with feeding concerns”, AOTA National Conference, (Orlando, FL., April, 2010).

Keynote Address:

- **Winston, K.** & Bickmore, T. (Invited Presentation). “Looking Back as We Move Forward, Keynote Address, Illinois Occupational Therapy Association Annual Conference, (Lisle, IL. 2012).

Guest Lectures:

- **Winston, K.** (Guest Lecture). University of Central Arkansas Occupational Therapy Program: “Leadership”, Online Fall 2020, 2021
- **Winston, K.** (Guest Lecture). University of Southern Maine Occupational Therapy Program: “Occupational Science and Occupational Therapy”, (Lewiston, ME, Fall, 2017 to Fall 2021).
- **Winston, K.** (Guest Lecture). Florida International University Occupational Therapy Program: "Facilitating Mealtime Occupations for Young Children and Their Families" Florida International University, (Miami, Florida, February 2015).
- **Winston, K.** (Guest Lecturer), Kennebec Valley Technical College COTA program, (Fairfield, ME, 1997 and 1998).
- **Winston, K.** (Guest Lecturer), University of Central Florida, Physical Therapy Department, (Orlando, FL, 1993-1995).
- **Winston, K.** (Guest Lecturer), Valencia Community College, (Orlando, Florida, 1993-1995).
- **Winston, K.** (Guest Lecturer), University of Vermont, Physical Therapy and Education Departments, (Burlington, VT, 1989 & 1990).

PUBLICATIONS

Book Chapters

- **Winston, K.** (2022). Situational leadership and occupational therapy. In S.B. Dunbar & K. Winston (Eds.) An occupational perspective on leadership: Theoretical and practical dimensions (3rd ed., pp.15-25) Thorofare, NJ: Slack Inc.
- Garbarini, J. & **Winston, K.** (2022). Exploring the leader in you. In S.B. Dunbar & K. Winston (Eds.) An occupational perspective on leadership: Theoretical and practical dimensions (3rd ed., pp. 73-91) Thorofare, NJ: Slack Inc.
- **Winston, K.** & Kent, B. (2022). The Kawa Model: An Exploration of Communication and Leadership. In S.B. Dunbar & K. Winston (Eds.) An occupational perspective on leadership: Theoretical and practical dimensions (3rd ed., pp.123-136) Thorofare, NJ: Slack Inc.
- **Winston, K.** & Russell, M. (2022). Guidelines and best practices for setting and developing goals. In J.C. O’Brien & J.W. Solomon, (Eds.) Occupational Analysis and Group Process (2nd ed., pp. 82-88). St. Louis, MO: Elsevier
- Russell, M. & **Winston, K.** (2022). Establishing individual and group goals. (2nd ed., pp. 89-96). In J.C. O’Brien & J.W. Solomon, (Eds.) Occupational Analysis and Group Process (2nd ed., pp. 82-88). St. Louis, MO: Elsevier
- **Winston, K.** (2022). Mealtime occupations—Interventions for feeding and eating. In M.E. Patnaude (Ed) Early’s physical dysfunction practice skills for the occupational therapy assistant (4th ed., pp.172-181). St. Louis, MO: Elsevier
- **Winston, K.** (2017) Interventions to enhance feeding, eating, and swallowing. In K. Jacobs, and N. MacRae, (Eds.) Occupational Therapy Essentials for Clinical Competence (3rd ed., pp. 521-535). Thorofare, NJ: SLACK Inc.

- Reese-Walter, J. & **Winston, K.** (2017). Therapeutic Occupations and Modalities. In W. Schultz-Krohn & H. McHugh-Pendleton (Eds) *Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction*, (8th ed., pp.710-727). St. Louis, MO: Elsevier
- Garbarini, J. & **Winston, K.** (2015). Exploring the leader in you. In S.B. Dunbar & K. Winston (Eds.) *An occupational perspective on leadership: Theoretical and practical dimensions* (2nd ed., pp. 61-74) Thorofare, NJ: Slack Inc.
- Kent, B. & **Winston, K.** (2015). The Kawa Model: An Exploration of Communication and Leadership. In S.B. Dunbar & K. Winston (Eds.) *An occupational perspective on leadership: Theoretical and practical dimensions* (2nd ed., pp. 99-110) Thorofare, NJ: Slack Inc.
- **Winston, K.** (2015). Situational leadership and occupational therapy. In S.B. Dunbar & K. Winston (Eds.) *An occupational perspective on leadership: Theoretical and practical dimensions* (2nd ed., pp. 15-24) Thorofare, NJ: Slack Inc.
- **Winston, K. & Loukas, K.** (2014). Feeding and Eating. In K. Sladyk, K. Jacobs, and N. MacRae, (Eds.) *Occupational Therapy Essentials for Clinical Competence* (2nd ed., pp. 457-472). Thorofare, NJ: SLACK Inc.
- **Winston, K. & Harmon, J.** (2014). Emma: Anxiety disorder/Inpatient. In S.M. Cahill & P. Bowyer (Eds.) *Cases in Pediatric Occupational Therapy: Assessment and Intervention*, (pp. 153-155). Thorofare, NJ: Slack Inc.
- **Winston, K.** (2014) Finn: Autism spectrum disorder and feeding concerns. In S.M. Cahill & P. Bowyer (Eds.) *Cases in Pediatric Occupational Therapy: Assessment and intervention* (pp. 106-108). Thorofare, NJ: Slack Inc.
- **Winston, K. & Loukas, K.** (2010). Feeding and Eating. In K. Sladyk, K. Jacobs, and N. MacRae, (Eds.) *Occupational Therapy Essentials for Clinical Competence* (pp. 311-321). Thorofare, NJ: SLACK Inc.

Peer Reviewed Publications

- **Winston, K. A., & Dirette, D. P.** (2022). Clarifying Mixed Methodology in Occupational Therapy Research. *The Open Journal of Occupational Therapy*, 10(2), 1-3. <https://doi.org/10.15453/2168-6408.2042>
- Nelson, J., **Winston, K.**, Bloch, E., & Woods-Craig, J. (2022). What is the lived experience of mothers of premature infants in a level IV neonatal intensive care unit? *British Journal of Occupational Therapy* 0(0), 1-6. DOI: 10.1177/03080226221097302
- **Accepted for publication:** Kivlen, C., **Winston, K.**, Mills, D., Dizazzo-Miller, R., Davenport, R., & Binfet, J. (2022) Canine-assisted intervention on the well-being of health science graduate students: A randomized controlled trial. *American Journal of Occupational Therapy*, 76(6) (November/December Issue)
- S.B. Doerrer, J.R. Walter, V. Priganc, **K. Winston**, et al., (2021) The impact of shoulder pathology on individuals with distal radius fracture, *Journal of Hand Therapy*, <https://doi.org/10.1016/j.jht.2021.09.002>
- DiZazzo-Miller, R., **Winston, K.**, Winkler, S. L., & Donovan, M. L. (2017). Family Caregiver Training Program (FCTP): A randomized controlled trial. *American Journal of Occupational Therapy*, 71, 7105190010. <https://doi.org/10.5014/ajot.2017.022459>
- Fabrizi, S., Ito, M., **Winston, K.**, (2016). Effect of occupational therapy-led playgroups in early intervention on child playfulness and caregiver responsiveness: A repeated-measures design. *American Journal of Occupational Therapy*, 70(2), 1-9.
- **Winston, K.** (2015). Feeding a child with mealtime challenges: A mother's work. *Work: A journal of prevention, assessment, and rehabilitation*, 50(3), 443-450
- Paxson, D., **Winston, K.**, Johnston, S., Tobey, T., & Iwama, M. (2012). The Kawa Model: Therapists' experience in practice. *Occupational Therapy in Mental Health*, 28, 340-355.
- **Winston, K. A.**, Dunbar, S. B., Reed, C. N., & Francis-Connolly, E. (2010). Mothering occupations when parenting children with feeding concerns: A mixed methods study. *Canadian Journal of Occupational Therapy*, 77, 181-189. doi: 10.2182/cjot.2010.01.00
- Ludwig, F.M., Hattjar, B., Russell, R. & **Winston, K.** (2007) How Care Giving for Grandchildren Affects Grandmothers' Occupations, *Journal of Occupational Science*, 14(1), 40-51.

Edited Textbooks

- Smalley, S. B. & **Winston, K.** (2022). An occupational perspective on leadership: Theoretical and practical dimensions (3rd ed.) Thorofare, NJ: Slack Inc.
- Dunbar, S.B. & **Winston, K.**(Eds.). (2015). An occupational perspective on leadership: Theoretical and practical dimensions (2nd ed.) Thorofare, NJ: Slack Inc.

Other Publications

- Bonelli, C. M.; Priganc, V.; Kasser, S.; and **Winston, K.** (2021). The Relationship of Fatigue and Parental Disability in Mothers with Inflammatory Arthritic Conditions in Comparison to Mothers Without Chronic Diagnoses. *UVM Honors College Senior Theses*. 390.
<https://scholarworks.uvm.edu/hcoltheses/390>
- DaSilva, P. & **Winston, K.** (2017). OT in the Clinic: Combatting Disease Incorporating an Epidemiological Model of Disease Causation into OT Practice. *OT Practice*, July 10, 2017, pp.22-25.
- **Winston, K.** (2008) Dissertation: Mothers' Perceptions of Occupations Related to Mothering a Child with Feeding Difficulties: A Mixed Methods Study.

CONTINUING EDUCATION

- AOTA Program Director's Meeting and AOTA National Conference, San Antonio, TX, March/April 2022
- UNE CETL Workshop: Equity driven assessment, December, 2021
- AOTA Program Director's Meeting, October 2021, Virtual
- LEND Conference Spring 2021, Virtual
- UNE CETL Workshop: Applying inclusive teaching principles to instruct, engage, and assess all students, May, 2021
- AOTA Program Director's Meeting, May 2021, Virtual
- AOTA National Conference, April 2021, Virtual Sessions
- 3rd Annual Conference of Occupational Therapy Association of Morocco, Virtual January 2021
- UNE CETL Workshop: Teaching during the pandemic, December, 2020
- SSO USA Annual Conference, Fall 2020, Virtual Sessions
- AOTA Program Director's Meeting, October 2020, Virtual
- UNE CETL Workshop: Getting Student Feedback, September, 2020
- CETL Self Paced Workshop on Online Course Design, April 2020
- AOTA National Conference, Boston, MA, March 2020, virtual sessions.
- 2nd Annual Conference of Occupational Therapy Association of Morocco, Tangier, Morocco, January, 2020.
- AOTA Program Director's Meeting and Educational Summit, Las Vegas, NV, October 2019
- UNE CETL workshop: Why won't they talk: Using discussion to facilitate learning, May 2019
- Maine Occupational Therapy Spring Conference, Lewiston ME, April, 2019
- AOTA National Conference, New Orleans, LA, April, 2019
- Occupational Therapy Association of Morocco, Tangier, Morocco, January 2019
- AOTA Program Director's Meeting and Educational Summit, Louisville, KY, October 2018
- AOTA National Conference, Salt Lake City, UT, April, 2018
- Vermont OT Association Conference, Burlington VT, February 2018
- AOTA Program Director's Meeting and Educational Summit, Fort Worth TX, October 2017
- Society for the Study of Occupation, Seattle, WA, October 2017
- Maine Occupational Therapy Conference, Lewiston ME, 2017
- AOTA National Conference, Philadelphia, PA, March/April, 2017
- Vermont OT Association Conference, Burlington VT, February, 2017
- Florida Occupational Therapy Conference, Orlando, FL., November, 2016
- Society for the Study of Occupation, Portland, ME, October 2016
- AOTA National Conference, Chicago, IL., 2016
- Florida Occupational Therapy Association Annual Conference, Orlando FL, 2015

- Society for the Study of Occupation, Fort Lauderdale, FL 2015
- AOTA National Conference, Nashville, TN, 2015
- Health Professions Educational Research Symposium, Fort Lauderdale, FL 2015
- Online LSVT BIG Training and Certification, March 2015
- Society for the Study of Occupation, Minneapolis, MN, 2014
- AOTA National Conference, Baltimore, MD, 2014
- Florida Occupational Therapy Association Annual Conference, Daytona Beach, FL, 2013
- AOTA Educational Summit, Atlanta, GA, 2013
- AOTA Specialty Conference on School Based Practice, Minneapolis MN, 2013
- AOTA National Conference, San Diego, CA, 2013
- Illinois Occupational Therapy Association Annual Conference, Lisle, IL, 2012
- Florida Occupational Therapy Association Annual Conference, Tampa, FL, 2012
- Society for the Study of Occupation, Portland, OR, 2012
- AOTA National Conference, Indianapolis, IN, 2012
- Society for the Study of Occupation, Park City, UT, 2011
- AOTA National Conference, Philadelphia, PA, 2011
- Maine Occupational Therapy Conference, Portland ME, Fall 2010
- Canadian Society of Occupational Science and Society for the Study of Occupation joint conference, London, ON, 2010.
- CAOT, Canadian Occupational Therapy National Conference, Halifax, NS, 2010
- AOTA National Conference, Orlando , FL, April, 2010
- Society for the Study of Occupation, New Haven, CT, 2009
- What's in the mirror, using mirror imaging for upper extremity ortho and neuro rehabilitation, Brattleboro, VT, May, 2009
- CAOT, Canadian Occupational Therapy National Conference, Ottawa, ON, 2009
- AOTA National Conference, Houston, TX, April, 2009
- Southern Maine Autism Association First Annual Conference, Portland ME, 2009
- Society for the Study of Occupation, Ft. Lauderdale, FL, 2008
- Infant Feeding Conference, Burlington, MA 2008
- AOTA National Conference, Long Beach, CA, 2008
- Society for the Study of Occupation, Albuquerque, NM, 2007
- Sensory Processing Workshop, Portland, ME, 2007
- AOTA National Conference, St Louis, MO, 2007
- Narrative Matters, Wolfville, Nova Scotia, May 2006
- AOTA National Conference, Charlotte, NC, 2006
- The Sequential Oral Sensory Approach to Feeding, Atlanta, GA., 2006
- Great Beginnings Conference, Marlborough, MA, 2005
- Division of Early Childhood Annual Conference, Portland, OR, 2005
- Greenspan's Infancy and Early Childhood Training Course, Bethesda, MD, 2005
- Temperament: A Template of Inborn Characteristics, Portland, ME., 2004
- Helping Young Children with Sensory Processing Disorder, Manchester, N.H., 2004
- AOTA National Conference, Washington, DC, 2003
- Using Taping During Therapy with Children with Motor Impairments, Kissimmee, FL, 2002
- Division of Early Childhood Annual Conference, San Diego, CA, 2002
- Society for the Study of Occupation, Galveston, TX, 2002
- Fourth Annual Pediatric Symposium, Marlboro, MA, 2002
- Feeding Therapy: A Sensory Motor Approach, Orlando, FL, 2001
- Improving Eating Behaviors in Children with Feeding Aversion, Arundel, ME, 2001
- A Three Part Treatment Plan for Oral Motor Therapy, Orlando FL, 2001
- Complementary and Alternative Medicine, Portland ME, 2000
- Approach to Treatment of the Baby, Colorado Springs, CO, 2000
- Practical Application for Sensory Integration Principles, Watertown, MA, 2000
- Creative Construction Workshop, Watertown MA, 2000

- A Balancing Act, Portland ME, 1999
- Update on Modalities, Portland ME, 1999
- AOTA SIS Practice Conference, Boston, MA, 1998
- Incontinence and Positioning Training, Portland, ME, 1998
- Motor Learning and Motor Control Strategies: Clinical Solutions, Boston, MA, 1997
- Differential Diagnosis and Treatment of Communication Disorders for the Dementia's, Augusta ME, 1997
- Wound Care in the Rockies, Colorado Springs, CO, 1996
- Skin Care Triad, Portland ME, 1996
- Alzheimer's Training, Portland, ME, 1996
- Maine Occupational Therapy Association Conference, yearly 1996-2007
- Movement and Myofascial Release, St. Petersburg, FL, 1996
- Transdisciplinary Clinical Management of Dementia, Orlando FL, 1995
- 3 week Neuro-developmental Treatment Course in Adult Hemiplegia, Nashville, TN, 1995
- Modalities for the Occupational Therapist Orlando, FL, 1994
- The 7th Annual Interdisciplinary Clinical Bobath Symposium, San Francisco, CA, 1994
- Introduction to Mobilization of the Upper Extremity, Lake Buena Vista, FL, 1993
- NDT in Action: Functional Treatment Ideas in Everyday Living, Orlando, FL, 1993
- Introduction to NDT in Adult Hemiplegia, Orlando, FL, 1993
- Therapeutic Handling: a Hands on Learning Experience, Cape May, NJ, 1990
- Early Intervention: Application of NDT with Families and Infants Advanced Course for Teachers and Therapists, Cape May, NJ, 1990
- Early Intervention Neuro-developmental Treatment for Families and Infants, Part I Cape May, NJ, 1989
- AOTA National Conference, Baltimore MD, 1988
- A Neurobiological Foundation for Sensory Integration, Biddeford, ME, 1988

COMMITTEES and SERVICE

- Member of WCHP Dean Search Committee, Spring 2022
- Member Admissions Search Committee for Graduate Admissions Recruitment Coordinator, Fall 2021
- Session Facilitator for the Society for the Study of Occupation Annual Conference, Virtual Fall, 2020
- University of New England Diversity Equity and Inclusion Committee, Committee Member 2020-present
- University of New England Wellness and Prevention Committee, Committee Member 2019-present
- University of New England Badging Committee, Committee Member 2019-present
- Committee member for UNE College of Pharmacy Sub-College RPTC, Fall 2019
- Conference Committee for Annual Conference of Occupational Therapy Association of Morocco, June 2019 to Present
- Proposal reviewer for the Society for the Study of Occupation USA Annual conference, Spring 2018, 2019
- Proposal reviewer for the American Occupational Therapy Association Annual Conference and Education Summit, 2018, 2019
- Co-Chair of the WCHP Diversity Committee, 2018 to 2019, committee member 2018- present
- IPE Honors Faculty Mentor, 2018 to present
- Faculty advisor for IPE Pain Clinic UNE, 2018 to present (On hold due to COVID)
- Member of PT Search committee for Program Director, 2018
- AOTA Scholarship of Teaching and Learning Mentor, American Occupational Therapy Association, 2017 to present
- MEOTA Spring Conference Committee Co-Chair 2016/2017

- UNE WCHP Academic Excellence Committee, 2016 to 2019
- Chair WCHP MSOT Curriculum Committee, 2016 to present
- AOTA Academic Leadership Institute, Inaugural Class 2016
- Reviewer Open Journal of Occupational Therapy, 2016 to Present
- Reviewer, Australian Journal of Occupation, 2016 to present
- UNE MSOT Curriculum Committee, Chair, 2016 to present
- Chair Local Society for the Study of Occupation Conference Planning Committee, 2014- 2015
- Reviewer, Occupational Therapy Journal of Research, 2013 to present
- Reviewer British Journal of Occupational Therapy, 2013 to present
- Committee member for AOTA Specialty Certification in Feeding, Eating, and Swallowing Guidelines Development, 2013 to 2016
- Committee member Center for Academic and Professional Excellence, NSU, 2013 to 2016
- Chair, PhD Admissions Committee, Nova Southeastern University, 2012 to 2016
- Dissertation Committees, 2nd member (3 committees) and Chair (4 committees), 2012 to 2022
- Chair, MOT Admissions Committee, Nova Southeastern University, 2011 to 2015
- Committee member, Curriculum Committee, Nova Southeastern University, 2011 to 2016
- Chair, School System SIS, Florida Occupational Therapy Association, 2011 to 2016
- Committee Member Student Success Committee, Nova Southeastern University, 2011 to 2016
- Committee Member of the Editorial Review Board for Willard and Spackman's Occupational Therapy, 2011 to present.
- Committee Member Research Committee, Society for the Study of Occupation, 2010 to present
- Committee Member of the Maine Occupational Therapy Conference Committee, May 2010 to 2012
- Co-Chair for the Are you plugged in: Get connected, USM/MOT Symposium, April 2010
- Chair, Continuing Education Committee, Maine Occupational Therapy Association, 2009-2011
- Coordinator and Liaison for the Joint Mobilizations for the Upper Extremity Conference held at LAC, May 2010
- COOL Volunteer, AOTA, 2009 to Present
- Committee member Society for the study of occupation/USA member of the Conference Planning Committee, 2009 to 2016
- Lewiston Auburn College representative to the University Trustee Professorship Committee, 2008
- Chair, Awards and Hospitality Committee, Maine Occupational Therapy Association, 2007-2011
- Committee member, Social and Behavioral Sciences Search Committee, USM/LAC, 2007-2008
- Committee member, Master of Occupational Therapy Program, Curriculum Committee, USM/LAC, 2007-2011
- Chair USM/LAC Wellness Committee, 2007-2011
- USM/LAC Wellness Committee, 2006-2007
- Lewiston Auburn College representative to the USM Faculty Senate Awards Committee, 2003-2011
- Committee member, Master of Occupational Therapy Program, Admissions Committee, USM/LAC, 2002-2011

AWARDS

- Fellow of the American Occupational Therapy Association, Inducted in 2019
- Nova Southeastern University Golden Apple Teaching Award, 2016
- Maine Occupational Therapy Association President's Award, 2010
- USM Faculty Senate Award for Teaching 2010

GRANTS

- **Winston**, Kristin, "Exploring a kinesthetic approach to enhance learning in kinesiology and movement for occupational therapy students" Sponsored by UNE Faculty SoTL Mini Grants, \$2140 (June 2019).

- Kay, Sonia, **Winston**, Kristin, "An Examination of the Relationship Between Sensory Responsivity and Food Related Behaviors in Children with Autism," Sponsored by College of Health Related Professions, Nova Southeastern University, \$4,000.00. (September 11, 2011 - Present).
- Rosin, Sheryl (Principal), **Winston**, Kristin (Co-Principal), "P.L.A.Y. (Play and Language for Autistic Youngsters) Project Training Program," Sponsored by NSU, Nova Southeastern University, \$10,000.00. (2012 - 2013).
- Lauer, Adrienne (Principal), Estes, Rebecca (Co-Principal), **Winston**, Kristin (Co-Principal), Kay, Sonia (Co-Principal), "iPad Use as a Facilitator of Student Engagement in the Clinical Decision Making Process," Sponsored by Nova Southeastern University HPD Educational Research Grant, Nova Southeastern University, \$9,149.00. (February 2013 - November 2015).

CREDENTIALS and ORGANIZATIONS

- State of Florida License #14698
- State of Maine License #OT802
- National Board for Certification in Occupational Therapy, Inc. AA534941
- AOTA Academic Leadership Institute Graduate, 2016
- LSVT BIG Certification, 2015
- Alpha Eta Honor Society, 2014 to present
- Center for Academic and Professional Excellence: Leadership and Management Academy Graduate, 2013
- American Occupational Therapy Association
- Society for the Study of Occupation
- Maine Occupational Therapy Association
- Florida Occupational Therapy Association
- Neuro-Developmental Treatment Certification, Adult Hemiplegia, 1995